

**State of Vermont  
Executive Department  
A Proclamation**

**WHEREAS,** over sixty million individuals and families are living with mental health and substance use problems in the United States; and

**WHEREAS,** serious mental illness affects one in every four people annually; and

**WHEREAS,** more than twenty-three million adults once had drug or alcohol problems, but no longer do; and

**WHEREAS,** people living with these conditions need help and hope, including a community that supports them, their families and their recovery; and

**WHEREAS,** Vermont, like the rest of the nation, is addressing mental health and addiction by combining effective prevention, treatment and recovery support; and

**WHEREAS,** the health, well-being and quality of life of all Vermonters is impacted by these chronic, yet treatable, health conditions, and virtually all Vermonters know someone in their network of family or friends who is affected; and

**WHEREAS,** Vermont's mental health and addiction recovery organizations continue to educate the public and lawmakers about the effects of mental illness and addictions and the value of prevention, treatment and long-term recovery services; and

**WHEREAS,** Vermont's Recovery Day is designed to remind all citizens that mental illness and addiction are conditions that respond to proper and timely intervention, treatment, and recovery support services, including the support from peers who have successful recovery experiences; and

**WHEREAS,** recovery from mental health and addiction not only improves the health of the person, but adds to the recovery of the entire community;

**NOW, THEREFORE,** I, Peter Shumlin, Governor, do hereby proclaim February 17, 2016

**RECOVERY DAY**

in Vermont.

Given under my hand and the Great Seal of the State of Vermont  
on this 17th day of July, A.D. 2016



A handwritten signature in black ink, appearing to be "Peter Shumlin", written over a horizontal line.

Peter Shumlin  
Governor