

**State of Vermont  
Executive Department  
A Proclamation**

**WHEREAS,** there are more than 300 different headache disorders that occur on a spectrum of severity; and

**WHEREAS,** more than 90% of Americans experience headaches every year; and

**WHEREAS,** migraine is a genetic, neurological disease characterized by episodes called attacks, which impacts all systems of the body and symptoms include pain, nausea, sensitivity to light and sound, visual disturbances, tinnitus, chills, fatigue, impaired cognitive function, numbness and weakness, lasting for 4 to 72 hours on average; and

**WHEREAS,** approximately 36 to 40 million Americans have migraine disease, of which 4 million have chronic migraine, experiencing 15 or more migraine days each month; and

**WHEREAS,** cluster headache, considered the most painful of all the headache disorders, affects over 500,000 Americans, is frequently misdiagnosed, under-treated, and highly stigmatized, and, while rarer than migraine disease, involves attacks that can be so painful, disabling, and distressing, it sometimes leads to suicide; and

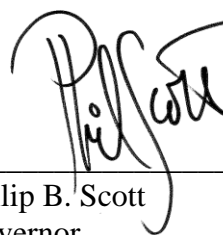
**WHEREAS,** there is no cure yet for headache disorders, however, increased public education leads to further understanding, more research and improved treatment for those with headache disorders.

**NOW, THEREFORE,** I, Philip B. Scott, Governor, do hereby proclaim June 2018 as

**MIGRAINE AND HEADACHE AWARENESS MONTH**

in Vermont.

Given under my hand and the Great Seal of the State of Vermont on this 4th day of June, A.D. 2018

  
Philip B. Scott  
Governor





Jaye Pershing Johnson  
Secretary of Civil and Military Affairs