## State of Vermont Executive Department A Proclamation

WHEREAS, breastfeeding is recognized globally as a safe, sound, and sustainable practice benefiting

parents, children, and societies; and

WHEREAS, breastfeeding is a foundation of life, providing nutrition and food security, reducing

poverty and inequities, and giving every child the best start in life; and

WHEREAS, breastfeeding protects mothers' and infants' health and is a key health promotion and

disease prevention strategy; and

WHEREAS, mothers who give birth at Baby-Friendly® hospitals which follow the Ten Steps to

Successful Breastfeeding are more likely to initiate exclusive breastfeeding and to continue exclusive breastfeeding to six months and to sustain breastfeeding to at least one year of

age; and

**WHEREAS,** parental leave for postpartum parents and their partners promotes gender equality in the

home, fosters establishment of exclusive breastfeeding, supports strong bonds and healthy

outcomes for children; and

WHEREAS, increasing evidence-based breastfeeding policies and practices in health care,

communities, workplaces, and early care and education settings will change the landscape

to be more supportive of exclusive breastfeeding; and

**WHEREAS,** Vermont law supports breastfeeding in public and the workplace, and over 400 Vermont

employers are recognized for creating family-friendly and breastfeeding-friendly worksites, supporting the health and wellness of their employees and their partners and

families; and

**WHEREAS,** many opportunities exist in Vermont to protect, promote, and support breastfeeding parents

and infants.

**NOW, THEREFORE,** I, Philip B. Scott, Governor, hereby proclaim August 2019 as

## **BREASTFEEDING PROMOTION MONTH**

in Vermont.

Given under my hand and the Great Seal of the State of

Vermont on this 1st day of August, A.D. 2019.

Philip B. Scott

Governo

Briting J. Wilson

Secretary of Civil and Military Affairs