

**State of Vermont  
Executive Department  
A Proclamation**

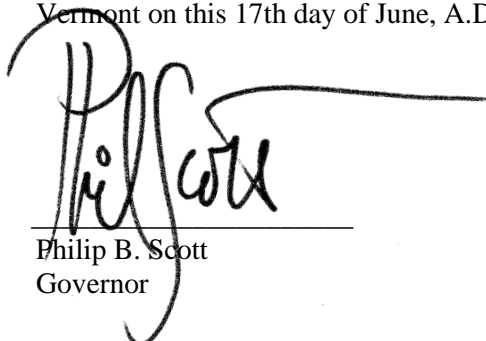
- WHEREAS,** migraine disease is a genetic, neurological disease characterized by episodes called attacks; and
- WHEREAS,** chronic migraine disease occurs with at least eight migraine attacks per month, and a total of fifteen or more headache days per month; and
- WHEREAS,** migraine disease impacts all systems of the body and symptoms include pain, nausea, sensitivity to light and sound, visual disturbances, tinnitus, chills, fatigue, impaired cognitive function, numbness and weakness, lasting for 4 to 72 hours on average; and
- WHEREAS,** approximately 4 million Americans have chronic migraine disease; and
- WHEREAS,** chronic migraine disease imposes a substantial economic burden on society; and
- WHEREAS,** over 20% of people with chronic migraine disease are disabled and migraine disease is the leading cause of disability among all neurological disorders; and
- WHEREAS,** 88% of people with chronic migraine disease have at least one additional co-morbid condition; and
- WHEREAS,** depression and anxiety are about two times more common in people with migraine disease and even more common in people with chronic migraine disease; and
- WHEREAS,** 85% of people with chronic migraine disease are women; and
- WHEREAS,** those with chronic migraine disease experience more stigma than those with other neurological diseases including stroke, epilepsy and MS.
- NOW, THEREFORE,** I, Philip B. Scott, Governor, hereby proclaim June 29, 2021 as

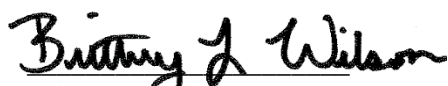
**CHRONIC MIGRAINE AWARENESS DAY**

in Vermont.

Given under my hand and the Great Seal of the State of Vermont on this 17th day of June, A.D. 2021.



  
Philip B. Scott  
Governor

  
Brittney L. Wilson  
Secretary of Civil and Military Affairs