

**State of Vermont
Executive Department
A Proclamation**

WHEREAS, the Centers for Disease Control and Prevention estimate 34.2 million adults and children in the United States have diabetes and an estimated 88 million adults have prediabetes; and

WHEREAS, 44,000 Vermonters live with some form of diabetes; and

WHEREAS, research shows people at high risk for diabetes can lower their risk for type-2 diabetes by staying at a healthy weight, eating well, and being active; and

WHEREAS, uncontrolled diabetes puts people at risk for serious complications including cardiovascular disease, blindness, kidney disease and dialysis, and nerve damage and amputation; and

WHEREAS, Dr. Frederik Banting developed insulin as a treatment for type-1 diabetes, saving millions of lives, both those living with type-1 diabetes and those living with type-2 diabetes who have become insulin dependent; and

WHEREAS, learning how to self-manage this condition through diabetes self-management education and support is the cornerstone of treatment; and

WHEREAS, best practice guidelines to treat diabetes include but are not limited to insulin, oral medication, diet, physical activity, and daily self-management routines; and

WHEREAS, awareness of the warning signs of type-1 diabetes is crucial to preventing deaths in misdiagnosed children and as a state, we can work together to educate and support those living with diabetes.

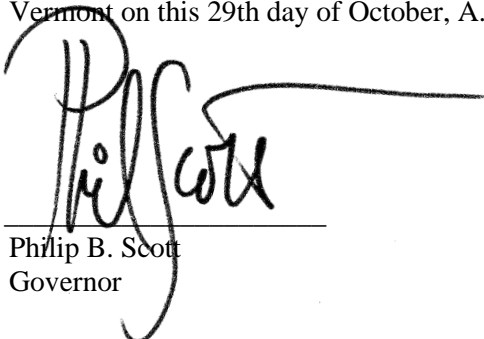
NOW, THEREFORE, I, Philip B. Scott, Governor, hereby proclaim November 2021 as

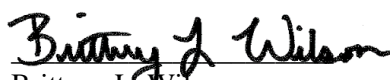
DIABETES AWARENESS MONTH

in Vermont.



Given under my hand and the Great Seal of the State of Vermont on this 29th day of October, A.D. 2021.


Philip B. Scott
Governor


Brittney L. Wilson
Secretary of Civil and Military Affairs