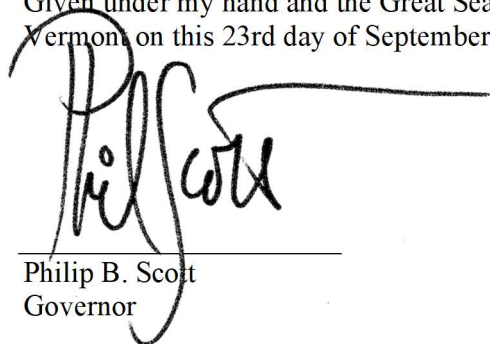


State of Vermont
Executive Department
A Proclamation


- WHEREAS,** familial hypercholesterolemia is the most common genetic condition causing high levels of LDL cholesterol (also known as “bad” cholesterol) and an increased risk for early and aggressive cardiovascular disease; and
- WHEREAS,** it is estimated that more than 2,500 individuals in Vermont have familial Hypercholesterolemia, but fewer than 30 percent of those people have actually been diagnosed; and
- WHEREAS,** five percent of heart attacks that occur in individuals under age 60 and up to 20 percent of heart attacks that occur in individuals under age 45 are due to familial hypercholesterolemia; and
- WHEREAS,** familial hypercholesterolemia can be identified via the collection of a detailed family history of cardiovascular disease and a blood cholesterol screen and if necessary, confirmed with DNA testing; and
- WHEREAS,** cholesterol screening is recommended for children at age 2 with a family history of high cholesterol or early onset cardiovascular disease; for all children between the ages of 9 and 11; once again, for all young adults between the ages of 17 and 21; and for all adults approximately every 5 years; and
- WHEREAS,** the parents, siblings, and children of a person diagnosed with familial hypercholesterolemia have a 50 percent chance to also have familial hypercholesterolemia and should be screened to determine whether they do have familial hypercholesterolemia; and
- WHEREAS,** early treatment with cholesterol-lowering medications in individuals with familial hypercholesterolemia can reduce the risk for cardiovascular disease.
- NOW, THEREFORE,** I, Philip B. Scott, Governor, hereby proclaim September 24th, 2024, as

FAMILIAL HYPERCHOLESTEROLEMIA AWARENESS DAY
in Vermont.

Given under my hand and the Great Seal of the State of Vermont on this 23rd day of September, A.D. 2024.


Philip B. Scott
Governor




Brittney J. Wilson
Secretary of Civil and Military Affairs