

**State of Vermont**  
**Executive Department**  
**A Proclamation**

- WHEREAS,** there more than 300 medically recognized headache diseases, including cluster headaches and migraines; and
- WHEREAS,** migraine disease is a genetic, neurobiological disease characterized by episodes known as attacks; and
- WHEREAS,** headache diseases impact 1 in 6 households in the United States, with more than 40 million Americans living with headache diseases, including approximately 4 million who have chronic migraine, experiencing 15 or more migraine attacks each month; and
- WHEREAS,** significant disparities in diagnosis, treatment, and outcomes persist, particularly affecting Black, Hispanic, and Native/Indigenous populations who face underdiagnosis and inadequate treatment; and
- WHEREAS,** it is estimated that 40-50% of persons living with migraine disease are undiagnosed; and
- WHEREAS,** migraine is the second leading cause of global disability, and notably one of the most disabling for young women under 50 years old; and
- WHEREAS,** approximately one in 1,000 people in the United States live with cluster headache disease, medically referred to as the most painful condition a human can experience; and
- WHEREAS,** veterans returning from Iraq and Afghanistan have 2-4 times the incidence of migraine compared to the general population likely due to traumatic brain injury, and posttraumatic headache occurs in up to 92% of military personnel who have sustained mild TBI (Traumatic Brain Injury); and
- WHEREAS,** headache diseases are an economic issue, costing United States companies upwards of 78 billion dollars each year in direct and indirect costs; and
- WHEREAS,** migraine disease impacts all systems of the body with symptoms which can include intense pain, nausea, and vomiting, sensitivity to light, sound, smell, and touch, visual disturbances, tinnitus, chills, fatigue, anomia (trouble finding words), impaired cognitive function, numbness, and weakness, lasting for four to 72 hours on average; and
- WHEREAS,** stigma and misinformation related to headache disease have stifled research and advances in treatment; and

**WHEREAS,**

all persons living with headache diseases deserve fair, equal, timely, and affordable access to new and innovative treatments to live their lives to their fullest potential.

**NOW, THEREFORE,**

I, Philip B. Scott, Governor, hereby proclaim June 2024 as

**MIGRAINE AND HEADACHE AWARENESS MONTH**  
in Vermont.



Given under my hand and the Great Seal of the State of Vermont on this 29th day of May, A.D. 2024.

A handwritten signature in black ink, reading "Philip B. Scott", written over a horizontal line.

Philip B. Scott  
Governor

A handwritten signature in black ink, reading "Brittney J. Wilson", written over a horizontal line.

Brittney J. Wilson  
Secretary of Civil and Military Affairs